Canton Public School District 9-12 Menu

August 2019

A COMPLETE LUNCH 5 MEAL COMPONENTS CONSIST OF THE CHOICES:

1 ENTREE
1 CUP FRUIT
1 CUP VEGETABLE
1 BREAD
1 MILK

Choose a Minimum of 3

Chef Salads, Cheeseburgers, & Po-boys Offered Daily as an Entrée

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		7 BBQ Pork Patty Philly Steak & Cheese Sandwich Baked Fries Baked Beans Cucumber & Tomato Salad Applesauce Fresh Plums Milk Choice	8 Spaghetti w/ Meat Sauce Corndog Green Peas Garden Salad w/ Dressing Texas Toast Pineapples Tidbits Sliced Oranges Milk Choice	9 Baked Chicken Tenders Fruit & Yogurt Plate Broccoli Rice Casserole Mixed Vegetables Whole Grain Roll Diced Peaches Granny Smith Apples Milk Choice
12 Hamburger Steak w/ Gravy Tuna Salad w/ Crackers Mashed Potatoes Summer Squash Whole Grain Roll Diced Peaches Granny Smith Apples Milk Choice	13 Italian Casserole Burrito w/ Salsa California Vegetable Carrot Raisin Salad Texas Toast Pineapples Tidbits Sliced Oranges Milk Choice	14 Baked Chicken Nuggets Breaded Chicken Sandwich Baked Fries Baked Beans Whole Grain Roll Sliced Peaches Red Apples Milk Choice	15 Chicken Spaghetti French Bread Pizza w/ Marinara Field Peas Seasoned Green Beans Texas Toast Fruit Freeze Fresh Fruit Bowl Milk Choice	16 Hot Wings Turkey & Cheese Sandwich Seasoned Potato Wedges Lima Beans Whole Grain Roll Fruit Cocktail Fresh Pears Milk Choice
19 Corndogs Meatball Poboy Sweet Potato Fries Summer Squash Broccoli Salad Diced Peaches Granny Smith Apples Milk Choice	20 Taco Salad w/ Tortilla Chips Buffalo Chicken Chunks Mexican Corn Seasoned Pinto Beans Carrot Raisin Salad Pineapples Tidbits Sliced Oranges Milk Choice	21 Grilled Chicken Sandwich Spicy Chicken / Trimming Sandwich Trimming Baked Fries Baked Beans Sliced Peaches Red Apples Milk Choice	22 Chicken Alfredo Turkey & Cheese Wrap w/ Ranch Field Peas Seasoned Green Beans Whole Grain Roll Fruit Freeze Fresh Fruit Bowl Milk Choice	23 Bacon Cheeseburger/Trimming Country Fried Steak Sandwich Seasoned Baked Fries Lima Beans Spinach Salad Fruit Cocktail Fresh Pears Milk Choice
26 Steak Fingers Tuna Salad w/ Crackers Mashed Potatoes Field Peas Whole Grain Roll Mandarin Oranges Fresh Pears Milk Choice	27 Cheesy Chicken Over Rice Chicken Egg Roll w/ Sauce Lemon Glazed Carrots Green Beans Whole Grain Roll Pear Halves w/ Cherry Fresh Tangerine Milk Choice	28 Fish Melt Sandwich/Trimming Fruit & Yogurt Plate Macaroni & Cheese Mixed Greens Tomatoes w/ Dip Applesauce Fresh Plums Milk Choice	29 Chicken Fajita Shrimp Poboy / Trimming Fiesta Rice Vegetable Medley Cucumbers w/ Dip Tropical Fruit Fresh Bananas Milk Choice	30 Assorted Pizza Hotdog on Bun Baked Fries Mixed Vegetables Celery Sticks w/ Dressing Sliced Peaches Diced Pears Milk Choice

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