

# Canton Public School District K-5 Menu



## August 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p><b>A COMPLETE LUNCH MEAL CONSIST OF THE 5 FOOD COMPONENT :</b></p> <p><b>1 ENTREE</b>  <b>1/2 CUP FRUIT</b>  <b>1/2 CUP VEGETABLE</b>  <b>1 BREAD</b>  <b>1 MILK</b></p> <p>(Choose a Minimum of 3)</p>
		7	8	9
		BBQ Pork Patty Baked Fries Baked Beans Cucumber & Tomato Salad Applesauce Fresh Plums Milk Choice	Spaghetti w/ Meat Sauce Green Peas Garden Salad w/ Dressing Texas Toast Pineapples Tidbits Sliced Oranges Milk Choice	Baked Chicken Tenders Broccoli Rice Casserole Mixed Vegetables Whole Grain Roll Diced Peaches Granny Smith Apples Milk Choice
12	13	14	15	16
Hamburger Steak w/ Gravy Mashed Potatoes Summer Squash Whole Grain Roll Diced Peaches Granny Smith Apples Milk Choice	Italian Casserole California Vegetable Carrot Raisin Salad Texas Toast Pineapples Tidbits Sliced Oranges Milk Choice	Baked Chicken Nuggets Baked Fries Baked Beans Whole Grain Roll Sliced Peaches Red Apples Milk Choice	Chicken Spaghetti Field Peas Seasoned Green Beans Texas Toast Fruit Freeze Fresh Fruit Bowl Milk Choice	Honey BBQ Chicken Chunks Seasoned Potato Wedges Lima Beans Whole Grain Roll Fruit Cocktail Fresh Pears Milk Choice
19	20	21	22	23
Corndogs Sweet Potato Fries Summer Squash Broccoli Salad Diced Peaches Granny Smith Apples Milk Choice	Taco Salad w/ Tortilla Chips Mexican Corn Seasoned Pinto Beans Carrot Raisin Salad Pineapples Tidbits Sliced Oranges Milk Choice	Grilled Chicken Sandwich Sandwich Trimming Baked Fries Baked Beans Sliced Peaches Red Apples Milk Choice	Chicken Alfredo Field Peas Seasoned Green Beans Whole Grain Roll Fruit Freeze Fresh Fruit Bowl Milk Choice	Hamburger / Trimming Seasoned Baked Fries Lima Beans Spinach Salad Fruit Cocktail Fresh Pears Milk Choice
26	27	28	29	30
Steak Fingers Mashed Potatoes Field Peas Whole Grain Roll Mandarin Oranges Fresh Pears Milk Choice	Cheesy Chicken Over Rice Lemon Glazed Carrots Green Beans Whole Grain Roll Pear Halves w/ Cherry Fresh Tangerine Milk Choice	Baked Fish Sandwich/Trimming Macaroni & Cheese Mixed Greens Tomatoes w/ Dip Applesauce Fresh Plums Milk Choice	Chicken Fajita Fiesta Rice Vegetable Medley Cucumbers w/ Dip Tropical Fruit Fresh Bananas Milk Choice	Assorted Pizza Baked Fries Mixed Vegetables Celery Sticks w/ Dressing Sliced Peaches Diced Peas Milk Choice